

Year 9 PSHCE – Learning Objectives

AUT 1

- To develop skills to manage changing friendships.
- To further develop risk assessment and management strategies, including assertiveness.
- To learn how to identify, manage and avoid the potential risks associated with being part of a gang.

AUT 2

- To continue the personal review and planning process, identifying students' strengths, interests, qualities and ambitions and making the links between these and employability.
- To investigate the nature of careers and develop students' aspirations for future career choice.
- To understand the range of post 16 options in order to inform KS4 choices.

SPR 1

- To develop strategies for managing conflict with parents and family members.
- To develop a more mature understanding of identity.
- To understand gender identity, gender stereotyping and transphobia.
- To analyse the effects of homophobia and biphobia on individuals and how society has challenged homophobia and biphobia.

SPR 2

- To understand the effects of long term alcohol and drug abuse and know how to seek help.
- To understand the importance of developing healthy, respectful relationships with sexual or romantic partners.
- To understand what constitutes consent and how to recognise when consent is given or not given.

SUM 1

- To develop knowledge of sexually transmitted infections (STIs) and how these can be prevented through condom use.
- To develop an awareness of the long term consequences of different sexual health choices and empower students to access appropriate services.
- To evaluate the media's influence on sexual relationships
- To be able to stay safe and manage relationships online.

SUM 2

- To promote a more mature understanding of how to balance work, leisure and exercise
- To expand students' concept of a healthy diet and a healthy lifestyle.
- To understand the importance of resilience in maintaining positive mental health.