



"For life not school we learn"



WELCOME

PREPARING

FOR

GCSE SUCCESS



Year 11



SUCCESS FOR ALL

**A. SHARMA
HEADTEACHER**

HOW HAS THE EXAM SYSTEM CHANGED?



- **Grades 9 to 1 instead of A*-G for Maths and English**
- **Linear exams in June – reliance on strong memory**
- **BTECs – no longer 100% coursework , there is an end of course exam for some subjects**
- **Best 8 GCSE's and equivalents – only 2 BTECs can be included in the best 8 subjects**
- **No resits except in Maths and English**

KEY INDICATORS FOR SCHOOLS



- **Best 8 Attainment Grade**
- **Best 8 Progress Score**
- **What does this mean?**

Building for Success



- **Targets and goals – short term and long term**
- **Behaviour**
- **The correct attitude for effective learning**
- **Attendance**
- **Punctuality**
- **Meeting deadlines**
- **Being well organised**



Because



- **135 Days**
- **783 Lessons**
- **675 Hours**
- **If here all the time working in every lesson!**

Plan of Action



- **Analysis of data – mapping out progress**
- **Creating Personalised Learning Checklists**
- **Past examination papers practice**
- **Two sets of actual Mocks**
- **Mock Exams (W/C Monday 28th November)**
- **Mock Exams Results Day**
- **Parents evening**
- **Second set of Mock Exams (W/C 27th Feb.)**
- **Grade Card sent home**

Keeping Track of Progress



- **Current Performance Grade**
 - **Teacher prediction based on current performance**
- **Target Grade**
 - **Pupil's potential grade based on teacher judgment**

Types of Support/Intervention



- **Catch-up classes after school**
- **Saturday School**
- **Holiday revision classes**
- **Collapsed timetable to provide intensive exam preparation**
- **‘Walking Talking’ Mocks**
- **Targeted exam practise**

Support



- **Small group withdrawal**
- **Additional external lessons**
- **GCSE revision guides**
- **On-line revision materials – Maths App., SAM Learning, My Maths**
- **Adapted timetable**

Support



- **Access Arrangements for exams**
- **Mentoring – external and internal**
- **Meeting with parents**
- **Adapting resources**

and finally



Just remember:

"Never, never, never give up."

Attributed to Winston Churchill

It is never too late!

Strategies for Success



ROUTINE

- **Routine to alleviate anxiety and stress**
[Dr. Steve Orma](#), a CBT clinical psychologist identifies routine as a big part of the work he does in all these areas.
- Just as we create routines with exercise for our physical bodies, we should do the same for our mental health.
- One way to do this is scheduling ‘thinking time’

Strategies for Success



ROUTINE

- Create a set schedule for doing chores, work tasks, meetings, exercise and all the usual things you need to do.
- Once this becomes your normal routine, it's easier to accomplish everything, because it becomes habit.

Strategies for Success



ROUTINE – EXAMPLE: HOME TIMETABLE

| | M | T | W | T | F | | S | S |
|----------------|----------------|------------|-----------|-----------|-------------------|-------------|------------------|-----------|
| AM | Read newspaper | Watch news | Read book | Read book | Listen to Radio 4 | 07.00-10.00 | Eng, Maths, Scie | SLEEP! |
| School | Lessons | Lessons | Lessons | Lessons | Lessons | 10.00-17.00 | Karate | Swim |
| Home 4.30-6.45 | Eng Maths | Sci | Karate | Hist Sci | Geog Span | 17.00-18.00 | FREE | Geog Span |

Strategies for Success



SLEEP CYCLE IS IMPORTANT – Body Clock needs stability. Sleep aids memory. Be calm before sleep.

| Age In Years | Hours Required |
|--------------|----------------|
| 5 | 11 |
| 6 | 10.75 |
| 7 | 10.5 |
| 8 | 10.25 |
| 9 | 10 |
| 10 | 9.75 |
| 11 | 9.5 |
| 12 | 9.25 |
| 13 | 9.25 |
| 14 | 9 |
| 15 | 8.75 |
| 16 | 8.5 |
| 17 | 8.25 |
| 18 | 8.25 |

Tactics for Success



Attention Span – outcomes from research

| Age in Years | Average Attention Span |
|--------------|------------------------|
| 5 | 5 minutes |
| 6 | 6 minutes |
| 7 | 7 minutes |
| 8 | 8 minutes |
| 9 | 9 minutes |
| 10 | 10 minutes |
| 11 | 11 minutes |
| 12 | 12 minutes |

Roughly 1 minute per year. Could double if very interested. Likely 25 minutes of serious concentration

PROBLEM – *I need to do more than 25 minutes of revision!!*

Tactics for Success



PROBLEM – *I need to do more than 25 minutes of revision!!* ***SOLUTION.....***



EVERY HOUR.....

25 minutes work
5 minute break, then repeat

Work in three hour blocks then
rest for at least 60-90 minutes

“The law of diminishing returns –
early time most productive”

Tactics for Success



PROBLEM – *I need to do more than 25 minutes of revision!!* **SOLUTION.....**

TASK ALLOCATIONS...



Early work = in depth exam questions – timed writing

Middle of the day work = knowledge and thinking, creativity ideas, sketching out answers

Later in the day work = knowledge, mind maps, revision cards, knowledge checks

Tactics for Success



THE WORKING ENVIRONMENT & OTHER TIPS

- *Turn off electronic devices*
- *The right sort of music helps, the wrong does not – recent research*
- *A good breakfast every day*
- *Staying hydrated*
- *Movement – have space, study spaces and positions for different subjects*
- *Listening to your own voice as you sleep – recording textbooks being read*
- *Organised and easy to reach notes, books and revision aids*

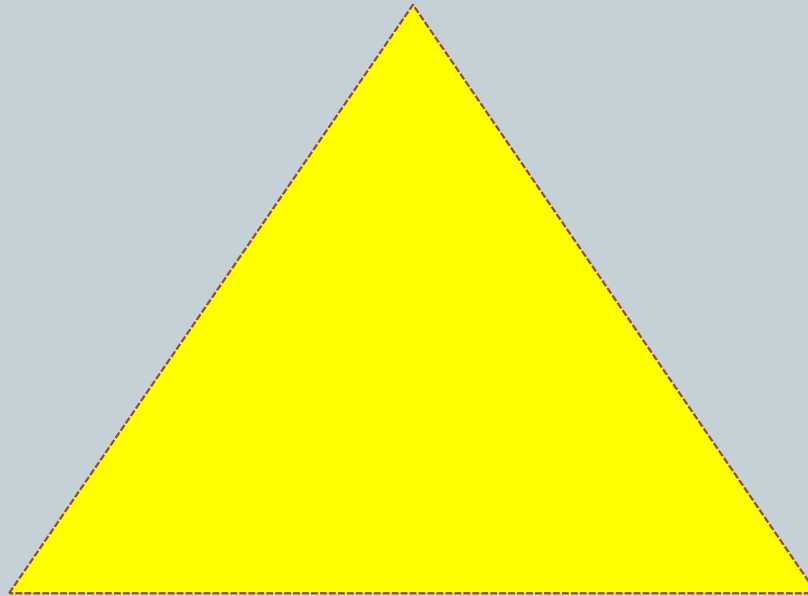
The Golden Triangle



STUDENTS

TEACHERS

PARENTS



REFERENCES



- <https://www.headspace.com/blog/2016/08/22/the-secret-benefit-of-routines-it-wont-surprise-you/>
- <https://www.homeschool-your-boys.com/attentionspanofboys/>
- <https://www.brainscape.com/blog/2012/09/music-studying/>

How students can achieve their best



- Intervention sessions/Revision
- Checking student HW – Try and test their knowledge
- Checking their planners – HW written in and completed
- Presentation of notes and books
- Asking for exam papers to check progress
- Looking for ‘Green Pen’



How students can achieve their best



- What subjects are they achieving in? Are they focusing on the correct subjects?
- Would they benefit from tuition?
- Contact Form Tutors for general overviews of progress
- Contact Subject Teachers for specifics



Form Tutor list



| <u>Form</u> | <u>Form Tutor</u> |
|--------------------|--------------------------|
| 11V | MR T MURPHY |
| 11I | MS A SHARMA (Science) |
| 11L | MS N MALHI |
| 11E | MS A DESAI |
| 11R | MR R DZAPASI |
| 11S | MS A HOLLOWAY |
| 11H | MR P WILSON |
| 11G | MR S O'CONNELL |

Materials



- Revision timetable
- List of up-to-date revision guides
- Top-tips for Parents
- Revision guidance and advice